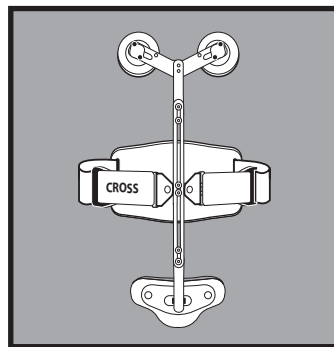


CROSS BRACE FITTING INSTRUCTIONS

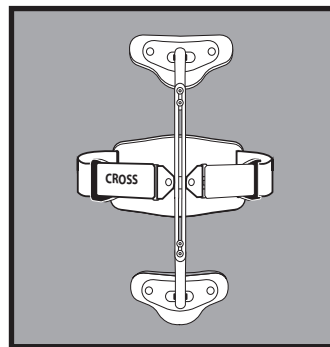
1. Begin with the strap attached only to the right side. Position the pectoral or sternal pad(s) comfortably below your collar bone. The lower pad should be just below your stomach.

2. Wrap the free end of the strap around your back, centering the back pad comfortably on your lower back. Feed the strap through the slot on the left side of the horizontal cross bar.

3. Pull the strap until you feel the appropriate amount of tension around your waist. Then press the hook part of the strap (the rough section) firmly onto the loop part of the strap (the soft section).



CROSS - Pectoral



CROSS - Sternal

Care & General Guidelines

Patients are advised to purchase snug-fitting (a size smaller than the usual) undershirts to wear under the orthosis. Hand wash at 86°F with mild soap. When drying, do not expose to direct heat (heater or sunlight) air dry. Do not expose to temperatures greater than 160°F. Periodically clean the hook part of the strap (the rough section) with a toothbrush. Never iron or dry clean. If not rinsed well after washing, residual soap may cause skin irritation and product deterioration. Do not for any reason loosen the screws and re-adjust the brace. If you find that you are experiencing discomfort, see your orthotist. Your practitioner knows your medical status and is using the spinal brace as one part of your total care. It is important to follow his or her instructions exactly, even if they differ from some of the preceding guidelines.

WARRANTY: The warranty on the CROSS Brace is free repair or replacement for manufacturer's defects within 90 days of the date fitted.

