

**SUGGESTED L-CODE** Custom Fitted L1832

## FITTING INSTRUCTIONS

- 1 Open the Gladiator 1832 by detaching the low-profile hook portions above and below the patella opening. Position leg in open knee brace with slight bend in knee. The practitioner should set the knee joints prior to patient fitting.
- **2** Position the knee joints (hinges) on both sides of the knee, parallel to the patella center. Close the knee brace around your leg by securing the hook tabs above and below the patella opening.
- **3** Secure the lower strap by passing it through the loop of the plastic chafe and adhere the strap to itself. After, secure the upper strap the same.
- **4** Finally, reposition knee brace as needed so the knee brace joints are on both sides of knee, with the knee brace joints compartment parallel to patella center.

OPTEC