

## Т G Ρ Α Т IENT FIT Ν I Ν S T RU C Т 0 Ν S



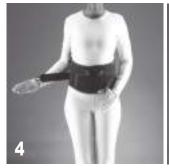
Place Stealth orthosis around your waist and center the back plastic panel on your back.



Align left front plastic panel on your abdomen and press firmly with your left hand. Pull right side of soft panel with velcro $^{I\!\!R}$  over the left velcro attachment.



Using the arthritic thumb grips, detach the bottom compression straps for orthosis that have two straps on each side, or the single strap for orthosis that have only one strap on each side, and pull straps simultaneously away from your body.



Secure the left compression strap to the center of the orthosis.



Secure the right compression strap to the center of the orthosis. For orthosis with two straps on each side, repeat steps 3, 4 & 5 for top straps. For orthosis with one single strap on each side, continue to step 6.



For best results, re-tighten straps while laying on a flat surface with your knees bent and feet flat. Finally, ensure that orthosis fit is snug and does not cause any discomfort.

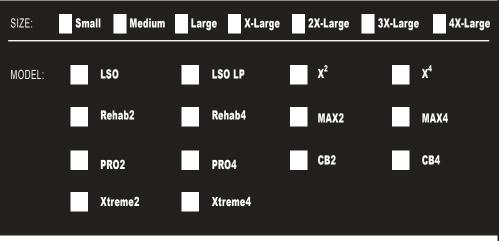
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## Care & General Guidelines

Before cleaning, remove plastic inserts from front and back panels. Hand wash at 86 F with mild soap. When drying, do not expose to direct heat (heater or sunlight) air dry. Never iron or dry clean. If not rinsed well after washing, residual soap may cause skin irritation and product deterioration. It is not uncommon for your body to change size under the spinal brace, because of the compression of the brace and because of a reduction in post-surgical swelling. If you change enough in size that you can no longer adjust the straps enough to get good compression, see your practitioner for a follow-up visit to resize or replace your brace. Your practitioner knows your medical status and is using the spinal brace as one part of your total care. It is important to follow his or her instructions exactly, even if they differ from some of the following guidelines.

WARRANTY: The warranty on the Stealth is free repair or replacement for manufacturer's defects within 90 days of the date fitted.

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