

## TLSO w/ DLK PATIENT FITTING INSTRUCTIONS



With the Stealth Corset open and Sternal Panel attached to left side only, slip your arms through the loops of the DLK as if putting on a backpack. Your caregiver should have already adjusted the DLK to the appropriate height.



With the Back Plastic Panel centered on your back, align the Left Panel of the Corset on your abdomen and press firmly with you left hand. Pull Right Panel of Corset with velcro over the left velcro attachment.



Using the arthritic thumb grips, detach the bottom compression straps for orthosis that have two straps on each side, or the single strap for orthosis that have only one strap on each side, and pull straps simultaneously away from your body. Secure the left strap to the center of the orthosis followed by the right strap. Repeat for top straps if applicable.



Snap the loose side of the Sternal Panel into the other side of the buckle. Your caregiver should have already adjusted the straps of the Sternal Panel so that the straps of the DLK sit comfortably on your shoulders.



Pull the shoulder straps on the DLK simultaneously to the appropriate amount of tension, as originally directed by your caregiver.



For best results, re-tighten straps in the same order while laying on a flat surface with your knees bent and feet flat. Finally, ensure that orthosis fit is snug and does not cause any discomfort.

## Care & General Guidelines

Before cleaning, remove plastic inserts from front and back panels. Hand wash at 86 F with mild soap. When drying, do not expose to direct heat (heater or sunlight) air dry. Never iron or dry clean. If not rinsed well after washing, residual soap may cause skin irritation and product deterioration. It is not uncommon for your body to change size under the spinal brace, because of the compression of the brace and because of a reduction in post-surgical swelling. If you change enough in size that you can no longer adjust the straps enough to get good compression, see your practitioner for a follow-up visit to resize or replace your brace. Your practitioner knows your medical status and is using the spinal brace as one part of your total care. It is important to follow his or her instructions exactly, even if they differ from some of the following guidelines.



"Orthotics on Time'

WARRANTY: The warranty on the Stealth TLSO is free repair or replacement for manufacturer's defects within 90 days of the date fitted.

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STEALTH DESIGN: TLSO<sup>2</sup>

OPTIONAL COMPONENTS:

**Hot/Cold Pack** 

**Rehab Panel** 

Size	<b>W</b> AIST <b>M</b> EASUREMENT	QTY.	TLSO <sup>4</sup> - WHITE MODEL #	QTY.	TLSO <sup>2</sup> - WHITE MODEL #	QTY.	TLSO <sup>2</sup> - WHITE MODEL #	QTY.	TLSO <sup>2</sup> - Black Model #
SMALL	23" - 30"		STT4DLKWSM		STT2DLKWSM		STT2DLKWSM		STT2DLKBSM
MEDIUM	27" - 34"		STT4DLKWMD		STT2DLKWMD		STT2DLKWMD		STT2DLKBMD
Large	32" - 40"		STT4DLKWLG		STT2DLKWLG		STT2DLKWLG		STT2DLKBLG
X-Large	37" - 44"		STT4DLKWXL		STT2DLKWXL		STT2DLKWXL		STT2DLKBXL
2X-Large	41" - 48"		STT4DLKW2X		STT2DLKW2X		STT2DLKW2X		STT2DLKB2X
3X-Large	45"- 52"		STT4DLKW3X		STT2DLKW3X		STT2DLKW3X		STT2DLKB3X
4X-LARGE	49"- 56"		STT4DLKW4X		STT2DLKW4X		STT2DLKW4X		STT2DLKB4X

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