

# STOCK TLSO 3 PANEL BIVALVE FITTING INSTRUCTIONS

1. With only the left side of the back panel attached to the front panel and the Sternal Panel of the DLK attached to left side only, slip your arms through the loops of the DLK as if putting on a backpack. Your caregiver should have already adjusted the DLK to the appropriate height.
2. Position the brace with the lateral waist grooves at your waist and the back panel centered on your back either by using the log roll method, with or without assistance, or by placing the back panel on your back while standing. Ensure that the undershirt is smooth underneath the brace. This prevents the patient's skin from being pinched.
3. Tighten the middle Velcro strap on each side. Repeat this for each strap until all straps.
4. Snap in the loose (right) side of the Sternal Panel into the right buckle.
5. Pull the shoulder straps on the DLK simultaneously to the appropriate amount of tension, as originally directed by your caregiver.
6. For best results, re-tighten straps with the patient laying on a flat surface with knees bent and feet flat. Finally, ensure that orthosis fit is snug and does not cause any discomfort.

## *Care & General Guidelines*

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Patients are advised to purchase snug-fitting (a size smaller than the usual) undershirts to wear under the orthosis. For the duration of acute care, nursing must periodically remove the orthosis to check the patient's skin. Hand wash at 86 F with mild soap. When drying, do not expose to direct heat (heater or sunlight); air dry. Never iron or dry clean. If not rinsed well after washing, residual soap may cause skin irritation and product deterioration. It is not uncommon for your body to change size under the spinal brace, because of the compression of the brace and because of a reduction in post-surgical swelling. If you change enough in size that you can no longer adjust the straps enough to get good compression, see your practitioner for a follow-up visit to resize or replace your brace. Your practitioner knows your medical status and is using the spinal brace as one part of your total care. It is important to follow his or her instructions exactly, even if they differ from some of the preceding guidelines.

**NOTE: Special care must be taken with insensate patients to avoid causing pinching along the mid-axillary line, especially in the waistline region.**

**WARRANTY:** The warranty on the Stock TLSO 3 Panel Bivalve is free repair or replacement for manufacturer's defects within 90 days of the date fitted.

