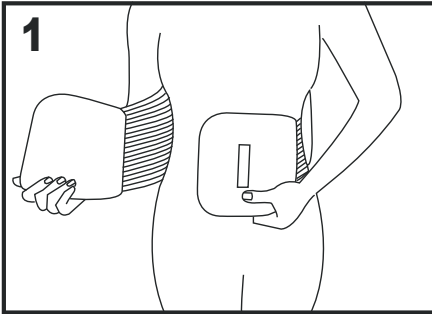
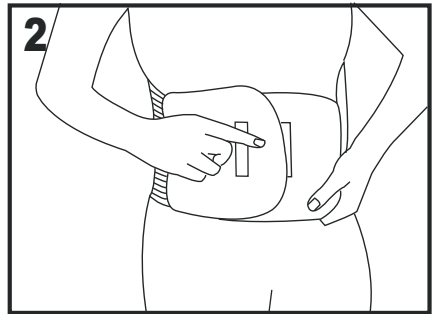


# VERTAMAX

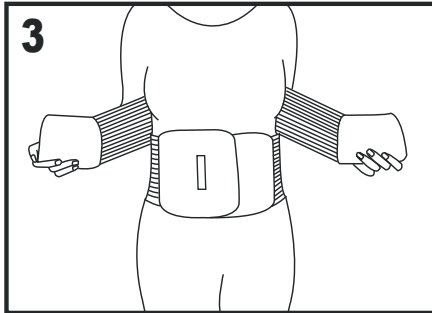
## FITTING INSTRUCTIONS



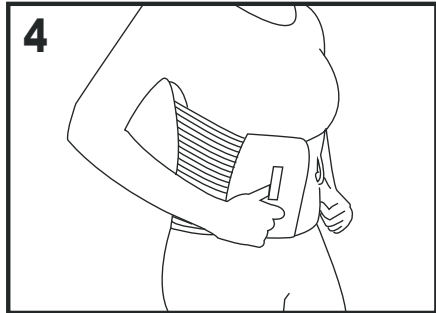
**1** Place the corset around your waist and center the brace on your back, over the spine. Slide your fingers into the hand grips of the lower elastic bands and hold the left flap firmly over your abdomen.



**2** Pull the right side of the corset and attach it to lower left elastic band, overlapping the right side over the left.



**3** Slide your fingers into the hand grips of the upper elastic straps and pull simultaneously away from your body and then towards each other as pictured above, securing the straps to the front of the brace.



**4** Finally, ensure that the orthosis fit is snug and does not cause any discomfort.



**Vertamax TLSO w/ DLK :** The DLK has over the shoulder straps that will be the last straps you fasten when you put on the orthosis and the first straps you unfasten when you take it off. Follow steps 1-4 above to attach to the corset and proceed below to properly fit the DLK straps.

**1 -** The right strap should travel from the back of the orthosis over the right shoulder, from back to front, under the right arm, across the lower back from right to left in a descending diagonal, around the left side of the body and then secured to the front compression strap.

**2 -** The left strap's routing should be the mirror image of the right strap.

Note: The length of the straps can be adjusted by pulling the strap through the D-ring clip. The straps can be secured to the corset using the Velcro tabs at the ends of the straps or by joining the left and right strap together using the D-ring clip connectors.

### Care & General Guidelines

Before cleaning, remove plastic inserts from front and back panels. Hand wash at 86°F with mild soap. When drying, do not expose to direct heat (heater or sunlight); air dry. Never iron or dry clean. If not rinsed well after washing, residual soap may cause skin irritation and product deterioration. It is not uncommon for your body to change size under the spinal brace, because of the compression of the brace and because of a reduction in post-surgical swelling. If you change enough in size that you can no longer adjust the straps enough to get good compression, see your practitioner for a follow-up visit to resize or replace your brace. Your practitioner knows your medical status and is using the spinal brace as one part of your total care. It is important to follow his or her instructions exactly, even if they differ from some of the preceding guidelines.

**WARRANTY:** The warranty on the VertaMax is free repair or replacement for manufacturer's defects within 90 days of the date of purchase.

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DESIGN:  LSO  TLSO ATTACHMENTS:  DLK TES  HOT/COLD PACK

2S / XS (22 1/2 - 34 1/2)  SM / MD (28 1/2 - 40 1/2)  LG / XL (34 1/2 - 46 1/2)

2X / 3X (40 1/2 - 54 1/2)  4X / 5X (46 1/2 - 60 1/2)

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