

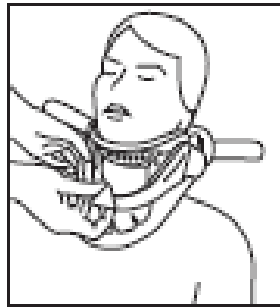
**CUSTOM FIT
PREFABRICATED
ORTHOSIS GUIDE:
PROGLIDE 180
CERVICAL COLLAR**

| | |
|---------------|------------------|
| Date: | Orthotic Fitter: |
| Patient Name: | Physician: |
| Patient #: | Follow-up Dates: |

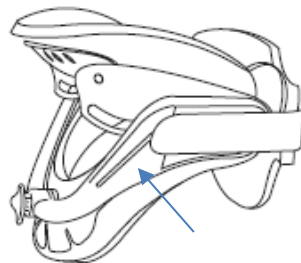
THIS GUIDE IS DESIGNED ONLY TO BE USED WITH PRODUCTS MANUFACTURED BY OPTEC USA, INC. THIS ORTHOSIS SHOULD BE APPLIED BY A PHYSICIAN OR OTHER LICENSED HEALTHCARE PROVIDER. THE PROGLIDE 180 IS A PREFABRICATED ORTHOSIS THAT IS INTENDED TO BE CUSTOMIZED TO FIT AN INDIVIDUAL PATIENT ACCORDING TO HCPCS L0180. USE THIS WORKSHEET AS A GUIDE TO PROVIDE THE NECESSARY ADJUSTMENTS.

TOOLS REQUIRED: Tape Measure, Scissors and Marker

SECTION 1: ANTERIOR HEIGHT ADJUSTMENT



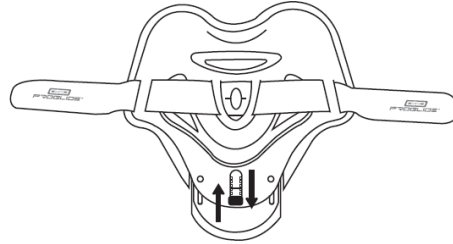
1. Adjust the chin support height to maintain a neutral position.
 - a. Chin Level Selected (Level 1-10 of yellow indicator on side scale): _____



TIME SPENT: _____



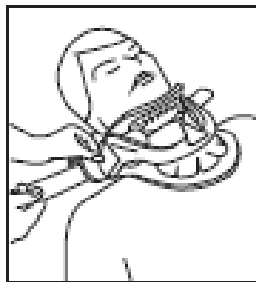
SECTION 2: POSTERIOR HEIGHT ADJUSTMENT



1. Place the posterior panel behind the patient and determine if any height adjustment is necessary to ensure occipital contact.
2. If height adjustment is required, remove the posterior panel from the patient and follow the steps below.
 - a. To provide height adjustment to the occipital region, pull out the knob and slide to the desired setting and push down to lock in place.
 - i. Occipital Level Selected (Slot 1 - 8): _____

TIME SPENT: _____

SECTION 3: CLOSURE STRAP ADJUSTMENT



1. Hold the front of the collar in place and snugly attach the loop closure straps to the sides of the collar, one side at a time. Ensure the straps are symmetrical and the chin is properly positioned towards the front of the chin support.
2. If the straps are too long, mark the proper length for the patient's fit on the closure straps and trim any excess material.

TIME SPENT: _____



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SECTION 4: REVIEW FIT

1. Ensure a proper fit of the Proglide cervical collar by verifying the following:

- Anterior height and positioning
- Posterior panel height and positioning
- Asymmetrical strap position and proper tightening
- Liner placement - No plastic is in direct contact with patient's skin



SECTION 5: PATIENT EDUCATION TOPICS

- Donning and doffing
- Proper brace placement and orientation
- Maintenance and Care
- Duration Instructions
- Follow-up appointments

TIME SPENT: _____

NOTES:

TOTAL TIME SPENT CUSTOMIZING ORTHOSIS: _____

Visit us at www.optecusa.com for product information, PDAC letters, order forms, fitting instruction videos and more.



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